

## April 2023

May ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22 REFORMER 1
23 -----	24	25	26	27	28	29 TRAP/CAD TOWER
30 -----						

## May 2023

◀ April

June ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 -----	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20 REFORMER 2
21 -----	22	23	24	25	26	27
28	29	30	31			

## June 2023

◀ May

July ►

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3 MVMT. PRINCIPLES
4 -----	5	6	7	8	9	10 MAT 1
11 -----	12	13	14	15	16	17
18	19	20	21	22	23	24 REFORMER 3
25 -----	26	27	28	29	30	

July 2023							August ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15 MAT 2	
16 -----	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31						

August 2023							September ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
		1	2	3	4 CHAIRS	5 -----	
6 BARRELS	7	8	9	10	11	12	
13	14	15	16	17	18	19	
20	21	22	23	24	25	26 MAT 3	
27 -----	28	29	30	31			

September 2023							October ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2	
3	4	5	6	7	8	9	
10	11	12	13	14	15 TRAP/CAD TOWER	16 -----	
17 -----	18	19	20	21	22	23	
24	25	26	27	28	29	30 REFORMER 1	

October 2023							November ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
1 -----	2	3	4	5	6	7	
8	9	10	11	12	13 <b>SCOLIO- PILATES 1</b>	14 <b>SCOLIO- PILATES 2</b>	
15 -----	16	17	18	19	20	21	
22	23	24	25	26	27	28 <b>MVMT. PRINCIPLES</b>	
29 -----	30	31					

November 2023							December ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
			1	2	3	4 <b>REFORMER 2</b>	
5 -----	6	7	8	9	10	11	
12	13	14	15	16	17	18	
19	20	21	22	23	24	25	
26	27	28	29	30			

December 2023							January ▶
Sun	Mon	Tue	Wed	Thu	Fri	Sat	
					1	2 <b>ANATOMY IN 3-D</b>	
3 -----	4	5	6	7	8	9 <b>REFORMER 3</b>	
10 -----	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	
31							